

Health and Water

A PUBLIC AWARENESS PROGRAM

From: Ayaz Ahmed Khan

WE (WATER ERA)

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(National And International News With Reference And Evidence)

7. Sixty (60) Million Pakistanis Are Exposed to Arsenic Contaminated Water

Sources: <u>https://propakistani.pk/2017/08/24/60-million-pakistanis-</u> <u>exposed-arsenic-contaminated-water/</u>

Posted by Sajawal Rehman

Higher concentrations of Arsenic in drinking water have hazardous effects on the human body. **Some of these harmful effects including cardiovascular diseases, skin cancers, skin lesions, neuro developmental delays and whatnot.**

It can prove to be lethal if a very high amount of the metal contaminates the drinking water.

<u>Pakistan's situation is extremely alarming – more than 60 million</u> <u>people are exposed to arsenic-rich contaminated water</u>.



Earlier a study published by <u>Pakistan Council for Research in Water</u> <u>Resources (PCRWR)</u> said that <u>72% of water supply schemes in the</u> <u>country are functional and 84% of those had supplied water that</u> <u>was not fit for consumption.</u>

The recommended limit for Arsenic is 10 micrograms per liters of water, as per the World Health Organization.